

# Help prevent scalds this winter



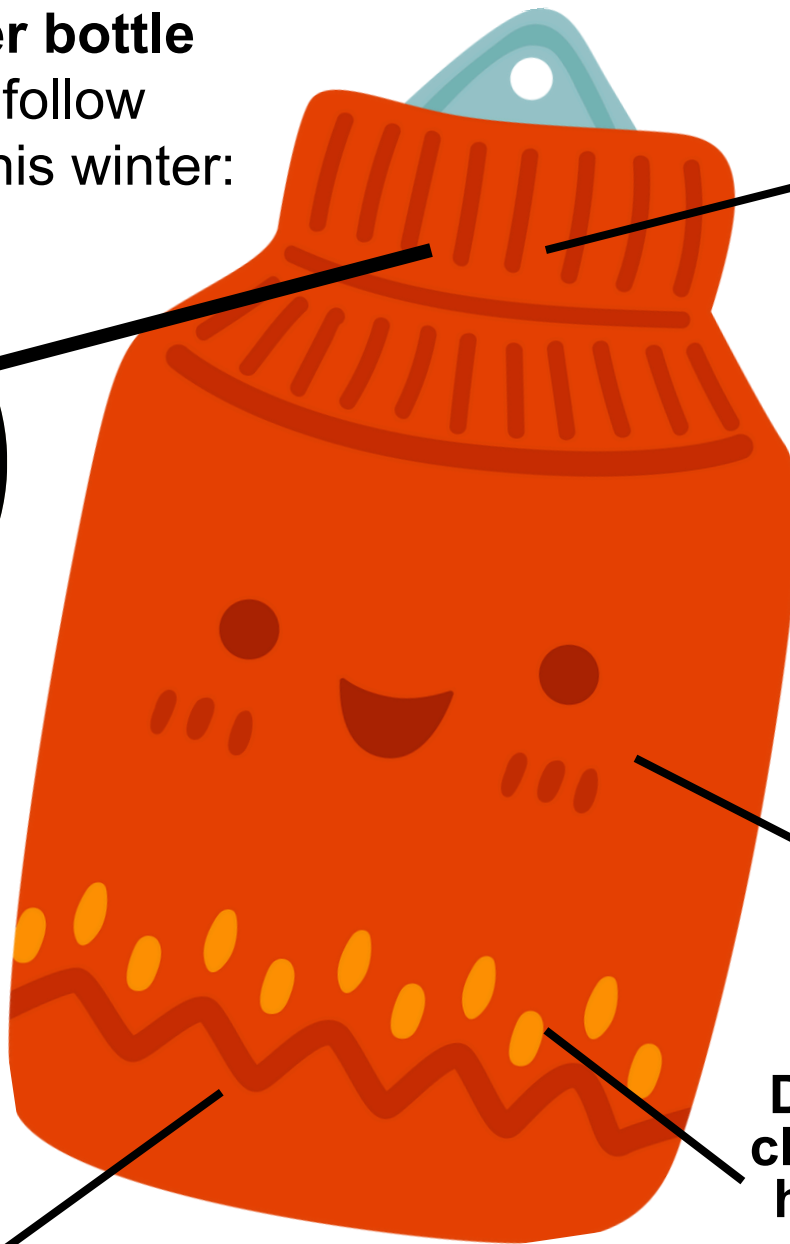
To avoid **hot water bottle** burns and scalds, follow these safety tips this winter:



**Avoid using a bottle more than 2 years old**

Check the year of manufacture in the middle of the 'daisy wheel' on the bottle neck

**Always use a cover**



**Never fill with boiling water**

**Fill a maximum of two thirds**

**Do not let children fill hot water bottles**

Scan the QR code to learn about the daisy wheel and for safety advice

